

International Cuisine
環球風味

	BREAKFAST 早餐	LUNCH 午餐	DINNER 晚餐
1/8	<p>International Breakfast</p> <p>Scrambled Eggs and Bacon + Fresh Fruit</p> <p>炒蛋及煙肉 + 新鮮生果</p>	<p>International Lunch</p> <p>Beef Lasagna with Salad + Fresh Fruit</p> <p>牛肉千層麵配沙律 + 新鮮生果</p>	<p>International Dinner</p> <p>Grilled Salmon Fillet + Mushroom Soup+ Tiramisu</p> <p>烤三文魚柳 + 磨菇湯 + 意大利芝士蛋糕</p>
2/8	<p>International Breakfast</p> <p>Spinach Frittata with Tomato and Avocado + Fresh Fruit</p> <p>菠菜蛋批配蕃茄及牛油果 + 新鮮生果</p>	<p>International Lunch</p> <p>Thai Green Curry Chicken with Salad + Fresh Fruit</p> <p>泰式青咖喱雞配沙律 + 新鮮生果</p>	<p>International Dinner</p> <p>Pan-fried Pork Loin in Mustard Sauce + Tomato Soup+ Cherry Cheesecake</p> <p>芥茉汁香煎豬柳 + 蕃茄湯+ 車厘子芝士蛋糕</p>
3/8	<p>International Breakfast</p> <p>Scrambled Eggs and Chicken Sausage + Fresh Fruit</p> <p>炒蛋及雞肉腸 + 新鮮生果</p>	<p>International Lunch</p> <p>Mediterranean Fish Stew + Fresh Fruit</p> <p>地中海燴海鮮 + 新鮮生果</p>	<p>International Dinner</p> <p>Pan-fried Beef Tenderloin + Pumpkin Soup+ Apple Butter Cake</p> <p>香煎牛柳 + 南瓜湯 + 蘋果牛油蛋糕</p>
4/8	<p>International Breakfast</p> <p>Cheese and Tomato Omelette with Asparagus + Fresh Fruit</p> <p>芝士蕃茄奄列配露筍 + 新鮮生果</p>	<p>International Lunch</p> <p>Indian Chicken Makani with Salad + Fresh Fruit</p> <p>印度牛油咖喱雞配沙律 + 新鮮生果</p>	<p>International Dinner</p> <p>Pan-fried Chicken Breast + Pea Soup+ Triple Chocolate Cake</p> <p>香煎雞胸 + 青豆湯 + 三重朱古力蛋糕</p>
5/8	<p>International Breakfast</p> <p>Scrambled Eggs and Sausage Patty + Fresh Fruit</p> <p>炒蛋及漢堡扒 + 新鮮生果</p>	<p>International Lunch</p> <p>Bangers with Mash + Fresh Fruit</p> <p>香烤洋葱汁豬肉腸配薯蓉 + 新鮮生果</p>	<p>International Dinner</p> <p>Pan-fried Ling Fillet + Cauliflower Soup + Banana Cinnamon Cake</p> <p>香煎青衣魚柳 + 椰菜花湯 + 香蕉玉桂蛋糕</p>
6/8	<p>International Breakfast</p> <p>Vegetable Omelette with Cheese and Baked Beans + Fresh Fruit</p> <p>芝士蔬菜奄列及焗豆 + 新鮮生果</p>	<p>International Lunch</p> <p>Teriyaki Chicken with Salad + Fresh Fruit</p> <p>日式照燒雞扒配沙律 + 新鮮生果</p>	<p>International Dinner</p> <p>Pan-fried Lamb Cutlet + Potato and Onion Soup+ Chocolate Brownie</p> <p>香煎羊扒 + 薯仔洋葱湯 + 朱古力布朗尼蛋糕</p>
7/8	<p>International Breakfast</p> <p>Scrambled Eggs and Smoked Salmon + Fresh Fruit</p> <p>炒蛋及煙三文魚 + 新鮮生果</p>	<p>International Lunch</p> <p>Pan-fried Chicken Breast and Gnocchi + Fresh Fruit</p> <p>香煎雞胸及薯糰 + 新鮮生果</p>	<p>International Dinner</p> <p>Beef Goulash + Sweetcorn Soup+ Raspberry Chocolate Cake</p> <p>匈牙利燴牛肉 + 粟米湯 + 紅桑子蛋糕</p>
8/8	<p>International Breakfast</p> <p>Scrambled Eggs and Bacon + Fresh Fruit</p> <p>炒蛋及煙肉 + 新鮮生果</p>	<p>International Lunch</p> <p>Beef Lasagna with Salad + Fresh Fruit</p> <p>牛肉千層麵配沙律 + 新鮮生果</p>	<p>International Dinner</p> <p>Grilled Salmon Fillet + Mushroom Soup+ Tiramisu</p> <p>烤三文魚柳 + 磨菇湯 + 意大利芝士蛋糕</p>

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9/8	<p>International Breakfast</p> <p>Spinach Frittata with Tomato and Avocado + Fresh Fruit</p> <p>菠菜蛋批配蕃茄及牛油果 + 新鮮生果</p>	<p>International Lunch</p> <p>Thai Green Curry Chicken with Salad + Fresh Fruit</p> <p>泰式青咖喱雞配沙律 + 新鮮生果</p>	<p>International Dinner</p> <p>Pan-fried Pork Loin in Mustard Sauce + Tomato Soup+ Cherry Cheesecake</p> <p>芥茉汁香煎豬柳 + 蕃茄湯+ 車厘子芝士蛋糕</p>
10/8	<p>International Breakfast</p> <p>Scrambled Eggs and Chicken Sausage + Fresh Fruit</p> <p>炒蛋及雞肉腸 + 新鮮生果</p>	<p>International Lunch</p> <p>Mediterranean Fish Stew + Fresh Fruit</p> <p>地中海燴海鮮 + 新鮮生果</p>	<p>International Dinner</p> <p>Pan-fried Beef Tenderloin + Pumpkin Soup+ Apple Butter Cake</p> <p>香煎牛柳 + 南瓜湯 + 蘋果牛油蛋糕</p>
11/8	<p>International Breakfast</p> <p>Cheese and Tomato Omelette with Asparagus + Fresh Fruit</p> <p>芝士蕃茄奄列配露筍 + 新鮮生果</p>	<p>International Lunch</p> <p>Indian Chicken Makani with Salad + Fresh Fruit</p> <p>印度牛油咖喱雞配沙律 + 新鮮生果</p>	<p>International Dinner</p> <p>Pan-fried Chicken Breast + Pea Soup+ Triple Chocolate Cake</p> <p>香煎雞胸 + 青豆湯 + 三重朱古力蛋糕</p>
12/8	<p>International Breakfast</p> <p>Scrambled Eggs and Sausage Patty + Fresh Fruit</p> <p>炒蛋及漢堡扒 + 新鮮生果</p>	<p>International Lunch</p> <p>Bangers with Mash + Fresh Fruit</p> <p>香烤洋葱汁豬肉腸配薯蓉 + 新鮮生果</p>	<p>International Dinner</p> <p>Pan-fried Ling Fillet + Cauliflower Soup + Banana Cinnamon Cake</p> <p>香煎青衣魚柳 + 椰菜花湯 + 香蕉玉桂蛋糕</p>
13/8	<p>International Breakfast</p> <p>Vegetable Omelette with Cheese and Baked Beans + Fresh Fruit</p> <p>芝士蔬菜奄列及焗豆 + 新鮮生果</p>	<p>International Lunch</p> <p>Teriyaki Chicken with Salad + Fresh Fruit</p> <p>日式照燒雞扒配沙律 + 新鮮生果</p>	<p>International Dinner</p> <p>Pan-fried Lamb Cutlet + Potato and Onion Soup+ Chocolate Brownie</p> <p>香煎羊扒 + 薯仔洋葱湯 + 朱古力布朗尼蛋糕</p>
14/8	<p>International Breakfast</p> <p>Scrambled Eggs and Smoked Salmon + Fresh Fruit</p> <p>炒蛋及煙三文魚 + 新鮮生果</p>	<p>International Lunch</p> <p>Pan-fried Chicken Breast and Gnocchi + Fresh Fruit</p> <p>香煎雞胸及薯糰 + 新鮮生果</p>	<p>International Dinner</p> <p>Beef Goulash + Sweetcorn Soup+ Raspberry Chocolate Cake</p> <p>匈牙利燴牛肉 + 粟米湯 + 紅桑子蛋糕</p>
15/8	<p>International Breakfast</p> <p>Scrambled Eggs and Bacon + Fresh Fruit</p> <p>炒蛋及煙肉 + 新鮮生果</p>	<p>International Lunch</p> <p>Beef Lasagna with Salad + Fresh Fruit</p> <p>牛肉千層麵配沙律 + 新鮮生果</p>	<p>International Dinner</p> <p>Grilled Salmon Fillet + Mushroom Soup+ Tiramisu</p> <p>烤三文魚柳 + 磨菇湯 + 意大利芝士蛋糕</p>
16/8	<p>International Breakfast</p> <p>Spinach Frittata with Tomato and Avocado + Fresh Fruit</p> <p>菠菜蛋批配蕃茄及牛油果 + 新鮮生果</p>	<p>International Lunch</p> <p>Thai Green Curry Chicken with Salad + Fresh Fruit</p> <p>泰式青咖喱雞配沙律 + 新鮮生果</p>	<p>International Dinner</p> <p>Pan-fried Pork Loin in Mustard Sauce + Tomato Soup+ Cherry Cheesecake</p> <p>芥茉汁香煎豬柳 + 蕃茄湯+ 車厘子芝士蛋糕</p>

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17/8	<p>International Breakfast</p> <p>Scrambled Eggs and Chicken Sausage + Fresh Fruit</p> <p>炒蛋及雞肉腸 + 新鮮生果</p>	<p>International Lunch</p> <p>Mediterranean Fish Stew + Fresh Fruit</p> <p>地中海燴海鮮 + 新鮮生果</p>	<p>International Dinner</p> <p>Pan-fried Beef Tenderloin + Pumpkin Soup+ Apple Butter Cake</p> <p>香煎牛柳 + 南瓜湯 + 蘋果牛油蛋糕</p>
18/8	<p>International Breakfast</p> <p>Cheese and Tomato Omelette with Asparagus + Fresh Fruit</p> <p>芝士蕃茄奄列配露筍 + 新鮮生果</p>	<p>International Lunch</p> <p>Indian Chicken Makani with Salad + Fresh Fruit</p> <p>印度牛油咖喱雞配沙律 + 新鮮生果</p>	<p>International Dinner</p> <p>Pan-fried Chicken Breast + Pea Soup+ Triple Chocolate Cake</p> <p>香煎雞胸 + 青豆湯 + 三重朱古力蛋糕</p>
19/8	<p>International Breakfast</p> <p>Scrambled Eggs and Sausage Patty + Fresh Fruit</p> <p>炒蛋及漢堡扒 + 新鮮生果</p>	<p>International Lunch</p> <p>Bangers with Mash + Fresh Fruit</p> <p>香烤洋葱汁豬肉腸配薯蓉 + 新鮮生果</p>	<p>International Dinner</p> <p>Pan-fried Ling Fillet + Cauliflower Soup + Banana Cinnamon Cake</p> <p>香煎青衣魚柳 + 椰菜花湯 + 香蕉玉桂蛋糕</p>
20/8	<p>International Breakfast</p> <p>Vegetable Omelette with Cheese and Baked Beans + Fresh Fruit</p> <p>芝士蔬菜奄列及焗豆 + 新鮮生果</p>	<p>International Lunch</p> <p>Teriyaki Chicken with Salad + Fresh Fruit</p> <p>日式照燒雞扒配沙律 + 新鮮生果</p>	<p>International Dinner</p> <p>Pan-fried Lamb Cutlet + Potato and Onion Soup+ Chocolate Brownie</p> <p>香煎羊扒 + 薯仔洋葱湯 + 朱古力布朗尼蛋糕</p>
21/8	<p>International Breakfast</p> <p>Scrambled Eggs and Smoked Salmon + Fresh Fruit</p> <p>炒蛋及煙三文魚 + 新鮮生果</p>	<p>International Lunch</p> <p>Pan-fried Chicken Breast and Gnocchi + Fresh Fruit</p> <p>香煎雞胸及薯糰 + 新鮮生果</p>	<p>International Dinner</p> <p>Beef Goulash + Sweetcorn Soup+ Raspberry Chocolate Cake</p> <p>匈牙利燴牛肉 + 粟米湯 + 紅桑子蛋糕</p>
22/8	<p>International Breakfast</p> <p>Scrambled Eggs and Bacon + Fresh Fruit</p> <p>炒蛋及煙肉 + 新鮮生果</p>	<p>International Lunch</p> <p>Beef Lasagna with Salad + Fresh Fruit</p> <p>牛肉千層麵配沙律 + 新鮮生果</p>	<p>International Dinner</p> <p>Grilled Salmon Fillet + Mushroom Soup+ Tiramisu</p> <p>烤三文魚柳 + 磨菇湯 + 意大利芝士蛋糕</p>
23/8	<p>International Breakfast</p> <p>Spinach Frittata with Tomato and Avocado + Fresh Fruit</p> <p>菠菜蛋批配蕃茄及牛油果 + 新鮮生果</p>	<p>International Lunch</p> <p>Thai Green Curry Chicken with Salad + Fresh Fruit</p> <p>泰式青咖喱雞配沙律 + 新鮮生果</p>	<p>International Dinner</p> <p>Pan-fried Pork Loin in Mustard Sauce + Tomato Soup+ Cherry Cheesecake</p> <p>芥茉汁香煎豬柳 + 蕃茄湯+ 車厘子芝士蛋糕</p>
24/8	<p>International Breakfast</p> <p>Scrambled Eggs and Chicken Sausage + Fresh Fruit</p> <p>炒蛋及雞肉腸 + 新鮮生果</p>	<p>International Lunch</p> <p>Mediterranean Fish Stew + Fresh Fruit</p> <p>地中海燴海鮮 + 新鮮生果</p>	<p>International Dinner</p> <p>Pan-fried Beef Tenderloin + Pumpkin Soup+ Apple Butter Cake</p> <p>香煎牛柳 + 南瓜湯 + 蘋果牛油蛋糕</p>

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環球風味

	BREAKFAST 早餐	LUNCH 午餐	DINNER 晚餐
25/8	<p>International Breakfast</p> <p>Cheese and Tomato Omelette with Asparagus + Fresh Fruit</p> <p>芝士蕃茄奄列配露筍 + 新鮮生果</p>	<p>International Lunch</p> <p>Indian Chicken Makani with Salad + Fresh Fruit</p> <p>印度牛油咖喱雞配沙律 + 新鮮生果</p>	<p>International Dinner</p> <p>Pan-fried Chicken Breast + Pea Soup+ Triple Chocolate Cake</p> <p>香煎雞胸 + 青豆湯 + 三重朱古力蛋糕</p>
26/8	<p>International Breakfast</p> <p>Scrambled Eggs and Sausage Patty + Fresh Fruit</p> <p>炒蛋及漢堡扒 + 新鮮生果</p>	<p>International Lunch</p> <p>Bangers with Mash + Fresh Fruit</p> <p>香烤洋蔥汁豬肉腸配薯蓉 + 新鮮生果</p>	<p>International Dinner</p> <p>Pan-fried Ling Fillet + Cauliflower Soup + Banana Cinnamon Cake</p> <p>香煎青衣魚柳 + 椰菜花湯 + 香蕉玉桂蛋糕</p>
27/8	<p>International Breakfast</p> <p>Vegetable Omelette with Cheese and Baked Beans + Fresh Fruit</p> <p>芝士蔬菜奄列及焗豆 + 新鮮生果</p>	<p>International Lunch</p> <p>Teriyaki Chicken with Salad + Fresh Fruit</p> <p>日式照燒雞扒配沙律 + 新鮮生果</p>	<p>International Dinner</p> <p>Pan-fried Lamb Cutlet + Potato and Onion Soup+ Chocolate Brownie</p> <p>香煎羊扒 + 薯仔洋葱湯 + 朱古力布朗尼蛋糕</p>
28/8	<p>International Breakfast</p> <p>Scrambled Eggs and Smoked Salmon + Fresh Fruit</p> <p>炒蛋及煙三文魚 + 新鮮生果</p>	<p>International Lunch</p> <p>Pan-fried Chicken Breast and Gnocchi + Fresh Fruit</p> <p>香煎雞胸及薯糰 + 新鮮生果</p>	<p>International Dinner</p> <p>Beef Goulash + Sweetcorn Soup+ Raspberry Chocolate Cake</p> <p>匈牙利燴牛肉 + 粟米湯 + 紅桑子蛋糕</p>
29/8	<p>International Breakfast</p> <p>Scrambled Eggs and Bacon + Fresh Fruit</p> <p>炒蛋及煙肉 + 新鮮生果</p>	<p>International Lunch</p> <p>Beef Lasagna with Salad + Fresh Fruit</p> <p>牛肉千層麵配沙律 + 新鮮生果</p>	<p>International Dinner</p> <p>Grilled Salmon Fillet + Mushroom Soup+ Tiramisu</p> <p>烤三文魚柳 + 磨菇湯 + 意大利芝士蛋糕</p>
30/8	<p>International Breakfast</p> <p>Spinach Frittata with Tomato and Avocado + Fresh Fruit</p> <p>菠菜蛋批配蕃茄及牛油果 + 新鮮生果</p>	<p>International Lunch</p> <p>Thai Green Curry Chicken with Salad + Fresh Fruit</p> <p>泰式青咖喱雞配沙律 + 新鮮生果</p>	<p>International Dinner</p> <p>Pan-fried Pork Loin in Mustard Sauce + Tomato Soup+ Cherry Cheesecake</p> <p>芥茉汁香煎豬柳 + 蕃茄湯+ 車厘子芝士蛋糕</p>
31/8	<p>International Breakfast</p> <p>Scrambled Eggs and Chicken Sausage + Fresh Fruit</p> <p>炒蛋及雞肉腸 + 新鮮生果</p>	<p>International Lunch</p> <p>Mediterranean Fish Stew + Fresh Fruit</p> <p>地中海燴海鮮 + 新鮮生果</p>	<p>International Dinner</p> <p>Pan-fried Beef Tenderloin + Pumpkin Soup+ Apple Butter Cake</p> <p>香煎牛柳 + 南瓜湯 + 蘋果牛油蛋糕</p>

THE LANGHAM			
HONG KONG			
Chinese Cuisine			
中式風味			
	BREAKFAST 早餐	LUNCH 午餐	DINNER 晚餐
1/8	<p>Chinese Breakfast</p> <p>Hong Kong Sampan Congee, Glutinous Rice Dumpling + Daily Steamed Dumpling, Egg Custard Bun, Preserved Vegetable</p> <p>荔灣艇仔粥、珍珠雞 + 是日蒸餃、奶皇飽、麻香炸菜片</p>	<p>Chinese Lunch</p> <p>Fried Pork Belly with Green Beans and Olive Cabbage, Simmered Chicken Wings with Potato, Stir-fried Celery with Bell Pepper, Steamed Rice + Honey-glazed BBQ Pork</p> <p>攪菜四季豆炒五花腩、薯仔炆雞翼、彩椒炒西芹、白飯 + 蜜汁叉燒</p>	<p>Chinese Dinner</p> <p>Scrambled Eggs with Shrimp and Chives, Tofu with Salted Fish and Chicken, Stir-fried Vegetable, Steamed Rice + Pork Bones Soup with Green Radish and Carrot+ Pumpkin Sago Dessert</p> <p>韭黃蝦仁炒蛋、咸魚雞粒豆腐、清炒時蔬、白飯 + 青紅蘿蔔煲豬骨湯+ 南瓜西米露</p>
2/8	<p>Chinese Breakfast</p> <p>Corn Congee, Stir-fried Silver Pin Noodle + Daily Steamed Dumpling, Egg Custard Bun, Preserved Vegetable</p> <p>粟米粥、家鄉炒銀針粉 + 是日蒸餃、麻蓉飽、麻香炸菜片</p>	<p>Chinese Lunch</p> <p>Fried Fish Fillet with Sweetcorn Sauce, Fried Pork Meat and Lotus Root in Red Fermented Beancurd Sauce, Stir-fried Vegetable, Steamed Rice + Deep-fried Shrimp Balls with Salted Egg Yolk</p> <p>粟米汁魚柳、南乳蓮藕炒梅肉片、清炒時蔬、白飯 + 黃金蝦丸</p>	<p>Chinese Dinner</p> <p>Stir-fried Beef Fillet with Potato in Teriyaki Sauce, Sweet and Sour Pork, Stir-fried Vegetable, Steamed Rice + Pork Meat Soup with Tomato and Potato+ Sweet Red Bean Soup</p> <p>燒汁薯仔牛柳粒、菠蘿咕嚕肉、清炒時蔬、白飯 + 蕃茄薯仔煲赤肉湯+ 紅豆沙</p>
3/8	<p>Chinese Breakfast</p> <p>Chicken Congee with Chinese Mushroom, Fried Rice Noodle with BBQ Pork + Daily Steamed Dumpling, Steamed Bun, Preserved Vegetable</p> <p>北菇滑雞粥、叉燒絲炒米 + 是日蒸餃、蒸饅頭、麻香炸菜片</p>	<p>Chinese Lunch</p> <p>Pork Chop in Peking Sauce, Braised Tofu with Roast Pork, Stir-fried Celery with Bell Pepper, Steamed Rice + Roasted Duck</p> <p>京都汁豬扒、火腩燴豆腐、彩椒炒西芹、白飯 + 明爐燒米鴨</p>	<p>Chinese Dinner</p> <p>Braised Chicken with Chestnut, Stir-fried Minced Pork with Salty Fish and Eggplant, Stir-fried Celery with Bell Pepper, Steamed Rice + Pork Bones Soup with Snow Pear and Snow Fungus+ Black Glutinous Rice with Coconut Milk</p> <p>栗子炆雞、魚香肉碎茄子、彩椒炒西芹、白飯 + 雪梨雪耳煲豬骨湯 + 椰汁紫米露</p>
4/8	<p>Chinese Breakfast</p> <p>Pumpkin Congee, Fried Noodle with Shredded Chicken + Daily Steamed Dumpling, Lotus Seed Bun, Preserved Vegetable</p> <p>南瓜粥、雞絲炒油麵 + 是日蒸餃、蓮蓉飽、麻香炸菜片</p>	<p>Chinese Lunch</p> <p>Scrambled Eggs with BBQ Pork and Chives, Spiced Salty Chicken Wings, Stir-fried Vegetable, Steamed Rice + Fried Wonton in Sweet & Sour Sauce</p> <p>韭黃叉燒炒蛋、椒鹽雞翼、清炒時蔬、白飯 + 糖醋炸雲吞</p>	<p>Chinese Dinner</p> <p>Stewed Beef Brisket in Chu Hou Sauce, Fish Fillet with Pumpkin Sauce, Stir-fried Celery with Bell Pepper, Steamed Rice + Pork Meat Soup with Watercress and Duck Gizzard + Sweet Mung Bean Soup</p> <p>柱侯枝竹牛腩、南瓜煮魚柳、彩椒炒西芹、白飯 + 西洋菜陳腎煲赤肉湯 + 綠豆沙</p>
5/8	<p>Chinese Breakfast</p> <p>Shredded Pork Congee with Preserved Egg, Shanghainese Stir-fried Noodle + Daily Steamed Dumpling, Steamed Cabbage and Pork Bun, Preserved Vegetable</p> <p>皮蛋瘦肉粥、上海粗炒麵 + 是日蒸餃、菜肉飽、麻香炸菜片</p>	<p>Chinese Lunch</p> <p>Stir-Fried Chicken with Mushroom, Minced Meat Ball with Baby Chinese Cabbage in Oyster Sauce, Stir-fried Celery with Bell Pepper, Steamed Rice + Poached Chicken with Ginger and Spring Onion</p> <p>野菌炒雞球、蠔皇肉丸娃娃菜、彩椒炒西芹、白飯 + 薑蔥蓉白切雞</p>	<p>Chinese Dinner</p> <p>Steamed Chicken with Dried Lily Flower and Black Fungus, Sautéed Green Beans with Minced Pork and Olive Cabbage, Stir-fried Vegetable, Steamed Rice + Lean Meat Soup with Sea Coconut, Corn and Carrot+ Dried Beancurd and Ginkgo Nuts Dessert</p> <p>金針雲耳蒸雞、攪菜肉鬆四季豆、清炒時蔬、白飯 + 海底椰粟米紅蘿蔔煲瘦肉湯 + 腐竹白果雞蛋糖水</p>
6/8	<p>Chinese Breakfast</p> <p>Dry Scallop Congee in Cantonese Style, Pan-fried Udon with Pork Tenderloin and Mushroom + Daily Steamed Dumpling, Red Bean Bun, Preserved Vegetable</p> <p>瑤柱白粥、豬柳野菌炒烏冬 + 是日蒸餃、豆沙飽、麻香炸菜片</p>	<p>Chinese Lunch</p> <p>Steamed Squid with Garlic and Vermicelli, Beancurd with Minced Pork and Chilli Oil, Stir-fried Vegetable, Steamed Rice + Shrimp Toast</p> <p>蒜蓉粉絲蒸鮮魷、麻婆豆腐、清炒時蔬、白飯 + 蝦多士</p>	<p>Chinese Dinner</p> <p>Braised Pork Belly with Preserved Vegetable, Stir-fried Chicken Slice with Honey Beans, Stir-fried Vegetable, Stir-fried Celery with Bell Pepper, Steamed Rice + Pork Bones Soup with Arrowroot + Red Dates and Snow Fungus Sweet Soup</p> <p>梅菜扣肉、蜜豆炒雞柳、彩椒炒西芹、白飯 + 赤小豆粉葛煲湯骨湯 + 紅棗雪耳糖水</p>
7/8	<p>Chinese Breakfast</p> <p>Pork Ribs Congee with Dried Vegetable, Fried Noodle with Squid and Soy Sauce + Daily Steamed Dumpling, BBQ Pork Bun, Preserved Vegetable</p> <p>菜乾排骨粥、豉油皇吊片絲炒麵 + 是日蒸餃、叉燒飽、麻香炸菜片</p>	<p>Chinese Lunch</p> <p>Sweet & Sour Sole Fillet, Stir-fried Zucchini with Pork Jowl Meat, Stir-fried Celery with Bell Pepper, Steamed Rice + Smoked Duck Breast</p> <p>菠蘿咕嚕龍利柳、翠肉瓜炒豬頸肉、彩椒炒西芹、白飯 + 煙鴨胸</p>	<p>Chinese Dinner</p> <p>Kung Pao Chicken, Steamed Minced Pork with Preserved Vegetable, Stir-fried Vegetable, Steamed Rice + Pork Meat Soup with Apple and White Fungus + Natural Resin Sweet Soup with Papaya</p> <p>宮保雞丁、梅菜蒸肉餅、清炒時蔬、白飯 + 蘋果銀耳煲赤肉湯 + 木瓜炖桃膠</p>

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	BREAKFAST 早餐	LUNCH 午餐	DINNER 晚餐
8/8	<p>Chinese Breakfast</p> <p>Hong Kong Sampan Congee, Glutinous Rice Dumpling + Daily Steamed Dumpling, Egg Custard Bun, Preserved Vegetable</p> <p>荔灣艇仔粥、珍珠雞 + 是日蒸餃、奶皇飽、麻香炸菜片</p>	<p>Chinese Lunch</p> <p>Fried Pork Belly with Green Beans and Olive Cabbage, Simmered Chicken Wings with Potato, Stir-fried Celery with Bell Pepper, Steamed Rice + Honey-glazed BBQ Pork</p> <p>欖菜四季豆炒五花腩、薯仔炆雞翼、彩椒炒西芹、白飯 + 蜜汁叉燒</p>	<p>Chinese Dinner</p> <p>Scrambled Eggs with Shrimp and Chives, Tofu with Salted Fish and Chicken, Stir-fried Vegetable, Steamed Rice + Pork Bones Soup with Green Radish and Carrot+ Pumpkin Sago Dessert</p> <p>韭黃蝦仁炒蛋、咸魚雞粒豆腐、清炒時蔬、白飯 + 青紅蘿蔔煲豬骨湯+ 南瓜西米露</p>
9/8	<p>Chinese Breakfast</p> <p>Corn Congee, Stir-fried Silver Pin Noodle + Daily Steamed Dumpling, Egg Custard Bun, Preserved Vegetable</p> <p>粟米粥、家鄉炒銀針粉 + 是日蒸餃、麻蓉飽、麻香炸菜片</p>	<p>Chinese Lunch</p> <p>Fried Fish Fillet with Sweetcorn Sauce, Fried Pork Meat and Lotus Root in Red Fermented Beancurd Sauce, Stir-fried Vegetable, Steamed Rice + Deep-fried Shrimp Balls with Salted Egg Yolk</p> <p>粟米汁魚柳、南乳蓮藕炒梅肉片、清炒時蔬、白飯 + 黃金蝦丸</p>	<p>Chinese Dinner</p> <p>Stir-fried Beef Fillet with Potato in Teriyaki Sauce, Sweet and Sour Pork, Stir-fried Vegetable, Steamed Rice + Pork Meat Soup with Tomato and Potato+ Sweet Red Bean Soup</p> <p>燒汁薯仔牛柳粒、菠蘿咕嚕肉、清炒時蔬、白飯 + 蕃茄薯仔煲赤肉湯+ 紅豆沙</p>
10/8	<p>Chinese Breakfast</p> <p>Chicken Congee with Chinese Mushroom, Fried Rice Noodle with BBQ Pork + Daily Steamed Dumpling, Steamed Bun, Preserved Vegetable</p> <p>北菇滑雞粥、叉燒絲炒米 + 是日蒸餃、蒸饅頭、麻香炸菜片</p>	<p>Chinese Lunch</p> <p>Pork Chop in Peking Sauce, Braised Tofu with Roast Pork, Stir-fried Celery with Bell Pepper, Steamed Rice + Roasted Duck</p> <p>京都汁豬扒、火腩豆腐、彩椒炒西芹、白飯 + 明爐燒米鴨</p>	<p>Chinese Dinner</p> <p>Braised Chicken with Chestnut, Stir-fried Minced Pork with Salty Fish and Eggplant, Stir-fried Celery with Bell Pepper, Steamed Rice + Pork Bones Soup with Snow Pear and Snow Fungus+ Black Glutinous Rice with Coconut Milk</p> <p>栗子炆雞、魚香肉碎茄子、彩椒炒西芹、白飯 + 雪梨雪耳煲豬骨湯+ 椰汁紫米露</p>
11/8	<p>Chinese Breakfast</p> <p>Pumpkin Congee, Fried Noodle with Shredded Chicken + Daily Steamed Dumpling, Lotus Seed Bun, Preserved Vegetable</p> <p>南瓜粥、雞絲炒油麵 + 是日蒸餃、蓮蓉飽、麻香炸菜片</p>	<p>Chinese Lunch</p> <p>Scrambled Eggs with BBQ Pork and Chives, Spiced Salty Chicken Wings, Stir-fried Vegetable, Steamed Rice + Fried Wonton in Sweet & Sour Sauce</p> <p>韭黃叉燒炒蛋、椒鹽雞翼、清炒時蔬、白飯 + 糖醋炸雲吞</p>	<p>Chinese Dinner</p> <p>Stewed Beef Brisket in Chu Hou Sauce, Fish Fillet with Pumpkin Sauce, Stir-fried Celery with Bell Pepper, Steamed Rice + Pork Meat Soup with Watercress and Duck Gizzard + Sweet Mung Bean Soup</p> <p>柱侯枝竹牛腩、南瓜煮魚柳、彩椒炒西芹、白飯 + 西洋菜陳腎煲赤肉湯 + 綠豆沙</p>
12/8	<p>Chinese Breakfast</p> <p>Shredded Pork Congee with Preserved Egg, Shanghainese Stir-fried Noodle + Daily Steamed Dumpling, Steamed Cabbage and Pork Bun, Preserved Vegetable</p> <p>皮蛋瘦肉粥、上海粗炒麵 + 是日蒸餃、菜肉飽、麻香炸菜片</p>	<p>Chinese Lunch</p> <p>Stir-Fried Chicken with Mushroom, Minced Meat Ball with Baby Chinese Cabbage in Oyster Sauce, Stir-fried Celery with Bell Pepper, Steamed Rice + Poached Chicken with Ginger and Spring Onion</p> <p>野菌炒雞球、蠔皇肉丸娃娃菜、彩椒炒西芹、白飯 + 薑蔥蓉白切雞</p>	<p>Chinese Dinner</p> <p>Steamed Chicken with Dried Lily Flower and Black Fungus, Sautéed Green Beans with Minced Pork and Olive Cabbage, Stir-fried Vegetable, Steamed Rice + Lean Meat Soup with Sea Coconut, Corn and Carrot+ Dried Beancurd and Ginkgo Nuts Dessert</p> <p>金針雲耳蒸雞、欖菜肉鬆四季豆、清炒時蔬、白飯 + 海底椰粟米紅蘿蔔煲瘦肉湯 + 腐竹白果雞蛋糖水</p>
13/8	<p>Chinese Breakfast</p> <p>Dry Scallop Congee in Cantonese Style, Pan-fried Udon with Pork Tenderloin and Mushroom + Daily Steamed Dumpling, Red Bean Bun, Preserved Vegetable</p> <p>瑤柱白粥、豬柳野菌炒烏冬 + 是日蒸餃、豆沙飽、麻香炸菜片</p>	<p>Chinese Lunch</p> <p>Steamed Squid with Garlic and Vermicelli, Beancurd with Minced Pork and Chilli Oil, Stir-fried Vegetable, Steamed Rice + Shrimp Toast</p> <p>蒜蓉粉絲蒸鮮魷、麻婆豆腐、清炒時蔬、白飯 + 蝦多士</p>	<p>Chinese Dinner</p> <p>Braised Pork Belly with Preserved Vegetable, Stir-fried Chicken Slice with Honey Beans, Stir-fried Vegetable, Stir-fried Celery with Bell Pepper, Steamed Rice + Pork Bones Soup with Arrowroot + Red Dates and Snow Fungus Sweet Soup</p> <p>梅菜扣肉、蜜豆炒雞柳、彩椒炒西芹、白飯 + 赤小豆粉葛煲湯骨湯 + 紅棗雪耳糖水</p>
14/8	<p>Chinese Breakfast</p> <p>Pork Ribs Congee with Dried Vegetable, Fried Noodle with Squid and Soy Sauce + Daily Steamed Dumpling, BBQ Pork Bun, Preserved Vegetable</p> <p>菜乾排骨粥、豉油皇吊片絲炒麵 + 是日蒸餃、叉燒飽、麻香炸菜片</p>	<p>Chinese Lunch</p> <p>Sweet & Sour Sole Fillet, Stir-fried Zucchini with Pork Jowl Meat, Stir-fried Celery with Bell Pepper, Steamed Rice + Smoked Duck Breast</p> <p>菠蘿咕嚕龍利柳、翠肉瓜炒豬頸肉、彩椒炒西芹、白飯 + 煙鴨胸</p>	<p>Chinese Dinner</p> <p>Kung Pao Chicken, Steamed Minced Pork with Preserved Vegetable, Stir-fried Vegetable, Steamed Rice + Pork Meat Soup with Apple and White Fungus + Natural Resin Sweet Soup with Papaya</p> <p>宮保雞丁、梅菜蒸肉餅、清炒時蔬、白飯 + 蘋果銀耳煲赤肉湯 + 木瓜炖桃膠</p>

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	BREAKFAST 早餐	LUNCH 午餐	DINNER 晚餐
15/8	<p>Chinese Breakfast</p> <p>Hong Kong Sampan Congee, Glutinous Rice Dumpling + Daily Steamed Dumpling, Egg Custard Bun, Preserved Vegetable</p> <p>荔灣艇仔粥、珍珠雞 + 是日蒸餃、奶皇飽、麻香炸菜片</p>	<p>Chinese Lunch</p> <p>Fried Pork Belly with Green Beans and Olive Cabbage, Simmered Chicken Wings with Potato, Stir-fried Celery with Bell Pepper, Steamed Rice + Honey-glazed BBQ Pork</p> <p>攪菜四季豆炒五花腩、薯仔炆雞翼、彩椒炒西芹、白飯 + 蜜汁叉燒</p>	<p>Chinese Dinner</p> <p>Scrambled Eggs with Shrimp and Chives, Tofu with Salted Fish and Chicken, Stir-fried Vegetable, Steamed Rice + Pork Bones Soup with Green Radish and Carrot+ Pumpkin Sago Dessert</p> <p>韭黃蝦仁炒蛋、咸魚雞粒豆腐、清炒時蔬、白飯 + 青紅蘿蔔煲豬骨湯+ 南瓜西米露</p>
16/8	<p>Chinese Breakfast</p> <p>Corn Congee, Stir-fried Silver Pin Noodle + Daily Steamed Dumpling, Egg Custard Bun, Preserved Vegetable</p> <p>粟米粥、家鄉炒銀針粉 + 是日蒸餃、麻蓉飽、麻香炸菜片</p>	<p>Chinese Lunch</p> <p>Fried Fish Fillet with Sweetcorn Sauce, Fried Pork Meat and Lotus Root in Red Fermented Beancurd Sauce, Stir-fried Vegetable, Steamed Rice + Deep-fried Shrimp Balls with Salted Egg Yolk</p> <p>粟米汁魚柳、南乳蓮藕炒梅肉片、清炒時蔬、白飯 + 黃金蝦丸</p>	<p>Chinese Dinner</p> <p>Stir-fried Beef Fillet with Potato in Teriyaki Sauce, Sweet and Sour Pork, Stir-fried Vegetable, Steamed Rice + Pork Meat Soup with Tomato and Potato+ Sweet Red Bean Soup</p> <p>燒汁薯仔牛柳粒、菠蘿咕嚕肉、清炒時蔬、白飯 + 蕃茄薯仔煲赤肉湯+ 紅豆沙</p>
17/8	<p>Chinese Breakfast</p> <p>Chicken Congee with Chinese Mushroom, Fried Rice Noodle with BBQ Pork + Daily Steamed Dumpling, Steamed Bun, Preserved Vegetable</p> <p>北菇滑雞粥、叉燒絲炒米 + 是日蒸餃、蒸饅頭、麻香炸菜片</p>	<p>Chinese Lunch</p> <p>Pork Chop in Peking Sauce, Braised Tofu with Roast Pork, Stir-fried Celery with Bell Pepper, Steamed Rice + Roasted Duck</p> <p>京都汁豬扒、火腩燴豆腐、彩椒炒西芹、白飯 + 明爐燒米鴨</p>	<p>Chinese Dinner</p> <p>Braised Chicken with Chestnut, Stir-fried Minced Pork with Salty Fish and Eggplant, Stir-fried Celery with Bell Pepper, Steamed Rice + Pork Bones Soup with Snow Pear and Snow Fungus+ Black Glutinous Rice with Coconut Milk</p> <p>栗子炆雞、魚香肉碎茄子、彩椒炒西芹、白飯 + 雪梨雪耳煲豬骨湯 + 椰汁紫米露</p>
18/8	<p>Chinese Breakfast</p> <p>Pumpkin Congee, Fried Noodle with Shredded Chicken + Daily Steamed Dumpling, Lotus Seed Bun, Preserved Vegetable</p> <p>南瓜粥、雞絲炒油麵 + 是日蒸餃、蓮蓉飽、麻香炸菜片</p>	<p>Chinese Lunch</p> <p>Scrambled Eggs with BBQ Pork and Chives, Spiced Salty Chicken Wings, Stir-fried Vegetable, Steamed Rice + Fried Wonton in Sweet & Sour Sauce</p> <p>韭黃叉燒炒蛋、椒鹽雞翼、清炒時蔬、白飯 + 糖醋炸雲吞</p>	<p>Chinese Dinner</p> <p>Stewed Beef Brisket in Chu Hou Sauce, Fish Fillet with Pumpkin Sauce, Stir-fried Celery with Bell Pepper, Steamed Rice + Pork Meat Soup with Watercress and Duck Gizzard + Sweet Mung Bean Soup</p> <p>柱侯枝竹牛腩、南瓜煮魚柳、彩椒炒西芹、白飯 + 西洋菜陳腎煲赤肉湯 + 綠豆沙</p>
19/8	<p>Chinese Breakfast</p> <p>Shredded Pork Congee with Preserved Egg, Shanghainese Stir-fried Noodle + Daily Steamed Dumpling, Steamed Cabbage and Pork Bun, Preserved Vegetable</p> <p>皮蛋瘦肉粥、上海粗炒麵 + 是日蒸餃、菜肉飽、麻香炸菜片</p>	<p>Chinese Lunch</p> <p>Stir-Fried Chicken with Mushroom, Minced Meat Ball with Baby Chinese Cabbage in Oyster Sauce, Stir-fried Celery with Bell Pepper, Steamed Rice + Poached Chicken with Ginger and Spring Onion</p> <p>野菌炒雞球、蠔皇肉九娃娃菜、彩椒炒西芹、白飯 + 薑蔥蓉白切雞</p>	<p>Chinese Dinner</p> <p>Steamed Chicken with Dried Lily Flower and Black Fungus, Sautéed Green Beans with Minced Pork and Olive Cabbage, Stir-fried Vegetable, Steamed Rice + Lean Meat Soup with Sea Coconut, Corn and Carrot+ Dried Beancurd and Ginkgo Nuts Dessert</p> <p>金針雲耳蒸雞、攪菜肉鬆四季豆、清炒時蔬、白飯 + 海底椰粟米紅蘿蔔煲瘦肉湯 + 腐竹白果雞蛋糖水</p>
20/8	<p>Chinese Breakfast</p> <p>Dry Scallop Congee in Cantonese Style, Pan-fried Udon with Pork Tenderloin and Mushroom + Daily Steamed Dumpling, Red Bean Bun, Preserved Vegetable</p> <p>瑤柱白粥、豬柳野菌炒烏冬 + 是日蒸餃、豆沙飽、麻香炸菜片</p>	<p>Chinese Lunch</p> <p>Steamed Squid with Garlic and Vermicelli, Beancurd with Minced Pork and Chilli Oil, Stir-fried Vegetable, Steamed Rice + Shrimp Toast</p> <p>蒜蓉粉絲蒸鮮魷、麻婆豆腐、清炒時蔬、白飯 + 蝦多士</p>	<p>Chinese Dinner</p> <p>Braised Pork Belly with Preserved Vegetable, Stir-fried Chicken Slice with Honey Beans, Stir-fried Vegetable, Stir-fried Celery with Bell Pepper, Steamed Rice + Pork Bones Soup with Arrowroot + Red Dates and Snow Fungus Sweet Soup</p> <p>梅菜扣肉、蜜豆炒雞柳、彩椒炒西芹、白飯 + 赤小豆粉葛煲湯骨湯 + 紅棗雪耳糖水</p>
21/8	<p>Chinese Breakfast</p> <p>Pork Ribs Congee with Dried Vegetable, Fried Noodle with Squid and Soy Sauce + Daily Steamed Dumpling, BBQ Pork Bun, Preserved Vegetable</p> <p>菜乾排骨粥、豉油皇吊片絲炒麵 + 是日蒸餃、叉燒飽、麻香炸菜片</p>	<p>Chinese Lunch</p> <p>Sweet & Sour Sole Fillet, Stir-fried Zucchini with Pork Jowl Meat, Stir-fried Celery with Bell Pepper, Steamed Rice + Smoked Duck Breast</p> <p>菠蘿咕嚕龍利柳、翠肉瓜炒豬頸肉、彩椒炒西芹、白飯 + 煙鴨胸</p>	<p>Chinese Dinner</p> <p>Kung Pao Chicken, Steamed Minced Pork with Preserved Vegetable, Stir-fried Vegetable, Steamed Rice + Pork Meat Soup with Apple and White Fungus + Natural Resin Sweet Soup with Papaya</p> <p>宮保雞丁、梅菜蒸肉餅、清炒時蔬、白飯 + 蘋果銀耳煲赤肉湯 + 木瓜炖桃膠</p>

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	BREAKFAST 早餐	LUNCH 午餐	DINNER 晚餐
22/8	<p>Chinese Breakfast</p> <p>Hong Kong Sampan Congee, Glutinous Rice Dumpling + Daily Steamed Dumpling, Egg Custard Bun, Preserved Vegetable</p> <p>荔灣艇仔粥、珍珠雞 + 是日蒸餃、奶皇飽、麻香炸菜片</p>	<p>Chinese Lunch</p> <p>Fried Pork Belly with Green Beans and Olive Cabbage, Simmered Chicken Wings with Potato, Stir-fried Celery with Bell Pepper, Steamed Rice + Honey-glazed BBQ Pork</p> <p>欖菜四季豆炒五花腩、薯仔炆雞翼、彩椒炒西芹、白飯 + 蜜汁叉燒</p>	<p>Chinese Dinner</p> <p>Scrambled Eggs with Shrimp and Chives, Tofu with Salted Fish and Chicken, Stir-fried Vegetable, Steamed Rice + Pork Bones Soup with Green Radish and Carrot+ Pumpkin Sago Dessert</p> <p>韭黃蝦仁炒蛋、咸魚雞粒豆腐、清炒時蔬、白飯 + 青紅蘿蔔煲豬骨湯+ 南瓜西米露</p>
23/8	<p>Chinese Breakfast</p> <p>Corn Congee, Stir-fried Silver Pin Noodle + Daily Steamed Dumpling, Egg Custard Bun, Preserved Vegetable</p> <p>粟米粥、家鄉炒銀針粉 + 是日蒸餃、麻蓉飽、麻香炸菜片</p>	<p>Chinese Lunch</p> <p>Fried Fish Fillet with Sweetcorn Sauce, Fried Pork Meat and Lotus Root in Red Fermented Beancurd Sauce, Stir-fried Vegetable, Steamed Rice + Deep-fried Shrimp Balls with Salted Egg Yolk</p> <p>粟米汁魚柳、南乳蓮藕炒梅肉片、清炒時蔬、白飯 + 黃金蝦丸</p>	<p>Chinese Dinner</p> <p>Stir-fried Beef Fillet with Potato in Teriyaki Sauce, Sweet and Sour Pork, Stir-fried Vegetable, Steamed Rice + Pork Meat Soup with Tomato and Potato+ Sweet Red Bean Soup</p> <p>燒汁薯仔牛柳粒、菠蘿咕嚕肉、清炒時蔬、白飯 + 蕃茄薯仔煲赤肉湯+ 紅豆沙</p>
24/8	<p>Chinese Breakfast</p> <p>Chicken Congee with Chinese Mushroom, Fried Rice Noodle with BBQ Pork + Daily Steamed Dumpling, Steamed Bun, Preserved Vegetable</p> <p>北菇滑雞粥、叉燒絲炒米 + 是日蒸餃、蒸饅頭、麻香炸菜片</p>	<p>Chinese Lunch</p> <p>Pork Chop in Peking Sauce, Braised Tofu with Roast Pork, Stir-fried Celery with Bell Pepper, Steamed Rice + Roasted Duck</p> <p>京都汁豬扒、火腩燴豆腐、彩椒炒西芹、白飯 + 明爐燒米鴨</p>	<p>Chinese Dinner</p> <p>Braised Chicken with Chestnut, Stir-fried Minced Pork with Salty Fish and Eggplant, Stir-fried Celery with Bell Pepper, Steamed Rice + Pork Bones Soup with Snow Pear and Snow Fungus+ Black Glutinous Rice with Coconut Milk</p> <p>栗子炆雞、魚香肉碎茄子、彩椒炒西芹、白飯 + 雪梨雪耳煲豬骨湯 + 椰汁紫米露</p>
25/8	<p>Chinese Breakfast</p> <p>Pumpkin Congee, Fried Noodle with Shredded Chicken + Daily Steamed Dumpling, Lotus Seed Bun, Preserved Vegetable</p> <p>南瓜粥、雞絲炒油麵 + 是日蒸餃、蓮蓉飽、麻香炸菜片</p>	<p>Chinese Lunch</p> <p>Scrambled Eggs with BBQ Pork and Chives, Spiced Salty Chicken Wings, Stir-fried Vegetable, Steamed Rice + Fried Wonton in Sweet & Sour Sauce</p> <p>韭黃叉燒炒蛋、椒鹽雞翼、清炒時蔬、白飯 + 糖醋炸雲吞</p>	<p>Chinese Dinner</p> <p>Stewed Beef Brisket in Chu Hou Sauce, Fish Fillet with Pumpkin Sauce, Stir-fried Celery with Bell Pepper, Steamed Rice + Pork Meat Soup with Watercress and Duck Gizzard + Sweet Mung Bean Soup</p> <p>柱侯枝竹牛腩、南瓜煮魚柳、彩椒炒西芹、白飯 + 西洋菜陳腎煲赤肉湯 + 綠豆沙</p>
26/8	<p>Chinese Breakfast</p> <p>Shredded Pork Congee with Preserved Egg, Shanghaiese Stir-fried Noodle + Daily Steamed Dumpling, Steamed Cabbage and Pork Bun, Preserved Vegetable</p> <p>皮蛋瘦肉粥、上海粗炒麵 + 是日蒸餃、菜肉飽、麻香炸菜片</p>	<p>Chinese Lunch</p> <p>Stir-Fried Chicken with Mushroom, Minced Meat Ball with Baby Chinese Cabbage in Oyster Sauce, Stir-fried Celery with Bell Pepper, Steamed Rice + Poached Chicken with Ginger and Spring Onion</p> <p>野菌炒雞球、蠔皇肉丸娃娃菜、彩椒炒西芹、白飯 + 薑蔥蓉白切雞</p>	<p>Chinese Dinner</p> <p>Steamed Chicken with Dried Lily Flower and Black Fungus, Sautéed Green Beans with Minced Pork and Olive Cabbage, Stir-fried Vegetable, Steamed Rice + Lean Meat Soup with Sea Coconut, Corn and Carrot+ Dried Beancurd and Ginkgo Nuts Dessert</p> <p>金針雲耳蒸雞、欖菜肉鬆四季豆、清炒時蔬、白飯 + 海底椰粟米紅蘿蔔煲瘦肉湯 + 腐竹白果雞蛋糖水</p>
27/8	<p>Chinese Breakfast</p> <p>Dry Scallop Congee in Cantonese Style, Pan-fried Udon with Pork Tenderloin and Mushroom + Daily Steamed Dumpling, Red Bean Bun, Preserved Vegetable</p> <p>瑤柱白粥、豬柳野菌炒烏冬 + 是日蒸餃、豆沙飽、麻香炸菜片</p>	<p>Chinese Lunch</p> <p>Steamed Squid with Garlic and Vermicelli, Beancurd with Minced Pork and Chilli Oil, Stir-fried Vegetable, Steamed Rice + Shrimp Toast</p> <p>蒜蓉粉絲蒸鮮魷、麻婆豆腐、清炒時蔬、白飯 + 蝦多士</p>	<p>Chinese Dinner</p> <p>Braised Pork Belly with Preserved Vegetable, Stir-fried Chicken Slice with Honey Beans, Stir-fried Vegetable, Stir-fried Celery with Bell Pepper, Steamed Rice + Pork Bones Soup with Arrowroot + Red Dates and Snow Fungus Sweet Soup</p> <p>梅菜扣肉、蜜豆炒雞柳、彩椒炒西芹、白飯 + 赤小豆粉葛煲湯骨湯 + 紅棗雪耳糖水</p>
28/8	<p>Chinese Breakfast</p> <p>Pork Ribs Congee with Dried Vegetable, Fried Noodle with Squid and Soy Sauce + Daily Steamed Dumpling, BBQ Pork Bun, Preserved Vegetable</p> <p>菜乾排骨粥、豉油皇吊片絲炒麵 + 是日蒸餃、叉燒飽、麻香炸菜片</p>	<p>Chinese Lunch</p> <p>Sweet & Sour Sole Fillet, Stir-fried Zucchini with Pork Jowl Meat, Stir-fried Celery with Bell Pepper, Steamed Rice + Smoked Duck Breast</p> <p>菠蘿咕嚕龍利柳、翠肉瓜炒豬頸肉、彩椒炒西芹、白飯 + 煙鴨胸</p>	<p>Chinese Dinner</p> <p>Kung Pao Chicken, Steamed Minced Pork with Preserved Vegetable, Stir-fried Vegetable, Steamed Rice + Pork Meat Soup with Apple and White Fungus + Natural Resin Sweet Soup with Papaya</p> <p>宮保雞丁、梅菜蒸肉餅、清炒時蔬、白飯 + 蘋果銀耳煲赤肉湯 + 木瓜炖桃膠</p>

Chinese Cuisine
中式風味

	BREAKFAST 早餐	LUNCH 午餐	DINNER 晚餐
29/8	<p>Chinese Breakfast</p> <p>Hong Kong Sampan Congee, Glutinous Rice Dumpling + Daily Steamed Dumpling, Egg Custard Bun, Preserved Vegetable</p> <p>荔灣艇仔粥、珍珠雞 + 是日蒸餃、奶皇飽、麻香炸菜片</p>	<p>Chinese Lunch</p> <p>Fried Pork Belly with Green Beans and Olive Cabbage, Simmered Chicken Wings with Potato, Stir-fried Celery with Bell Pepper, Steamed Rice + Honey-glazed BBQ Pork</p> <p>欖菜四季豆炒五花腩、薯仔炆雞翼、彩椒炒西芹、白飯 + 蜜汁叉燒</p>	<p>Chinese Dinner</p> <p>Scrambled Eggs with Shrimp and Chives, Tofu with Salted Fish and Chicken, Stir-fried Vegetable, Steamed Rice + Pork Bones Soup with Green Radish and Carrot+ Pumpkin Sago Dessert</p> <p>韭黃蝦仁炒蛋、咸魚雞粒豆腐、清炒時蔬、白飯 + 青紅蘿蔔煲豬骨湯+ 南瓜西米露</p>
30/8	<p>Chinese Breakfast</p> <p>Corn Congee, Stir-fried Silver Pin Noodle + Daily Steamed Dumpling, Egg Custard Bun, Preserved Vegetable</p> <p>粟米粥、家鄉炒銀針粉 + 是日蒸餃、麻蓉飽、麻香炸菜片</p>	<p>Chinese Lunch</p> <p>Fried Fish Fillet with Sweetcorn Sauce, Fried Pork Meat and Lotus Root in Red Fermented Beancurd Sauce, Stir-fried Vegetable, Steamed Rice + Deep-fried Shrimp Balls with Salted Egg Yolk</p> <p>粟米汁魚柳、南乳蓮藕炒梅肉片、清炒時蔬、白飯 + 黃金蝦丸</p>	<p>Chinese Dinner</p> <p>Stir-fried Beef Fillet with Potato in Teriyaki Sauce, Sweet and Sour Pork, Stir-fried Vegetable, Steamed Rice + Pork Meat Soup with Tomato and Potato+ Sweet Red Bean Soup</p> <p>燒汁薯仔牛柳粒、菠蘿咕嚕肉、清炒時蔬、白飯 + 蕃茄薯仔煲赤肉湯+ 紅豆沙</p>
31/8	<p>Chinese Breakfast</p> <p>Chicken Congee with Chinese Mushroom, Fried Rice Noodle with BBQ Pork + Daily Steamed Dumpling, Steamed Bun, Preserved Vegetable</p> <p>北菇滑雞粥、叉燒絲炒米 + 是日蒸餃、蒸饅頭、麻香炸菜片</p>	<p>Chinese Lunch</p> <p>Pork Chop in Peking Sauce, Braised Tofu with Roast Pork, Stir-fried Celery with Bell Pepper, Steamed Rice + Roasted Duck</p> <p>京都汁豬扒、火腩燴豆腐、彩椒炒西芹、白飯 + 明爐燒米鴨</p>	<p>Chinese Dinner</p> <p>Braised Chicken with Chestnut, Stir-fried Minced Pork with Salty Fish and Eggplant, Stir-fried Celery with Bell Pepper, Steamed Rice + Pork Bones Soup with Snow Pear and Snow Fungus+ Black Glutinous Rice with Coconut Milk</p> <p>栗子炆雞、魚香肉碎茄子、彩椒炒西芹、白飯 + 雪梨雪耳煲豬骨湯 + 椰汁紫米露</p>

Vegetarian Menu
素食之選

	BREAKFAST 早餐	LUNCH 午餐	DINNER 晚餐
1/8	<p>Vegetarian Breakfast</p> <p>Scrambled Eggs and Spinach + Fresh Fruit</p> <p>炒蛋及菠菜 + 新鮮生果</p>	<p>Vegetarian Lunch</p> <p>Vegetable Lasagna with Salad + Fresh Fruit</p> <p>蔬菜千層麵配沙律+ 新鮮生果</p>	<p>Vegetarian Dinner</p> <p>Halloumi in Arrabbiata Sauce + Mushroom Soup + Tiramisu</p> <p>扒哈羅米芝士配香辣茄汁 + 磨菇湯 + 意大利芝士蛋糕</p>
2/8	<p>Vegetarian Breakfast</p> <p>Spinach Frittata with Tomato and Avocado + Fresh Fruit</p> <p>菠菜蛋批配蕃茄及牛油果 + 新鮮生果</p>	<p>Vegetarian Lunch</p> <p>Thai Green Curry Vegetable with Salad + Fresh Fruit</p> <p>泰式青咖喱蔬菜配沙律 + 新鮮生果</p>	<p>Vegetarian Dinner</p> <p>Roasted Portobello Mushroom + Tomato Soup + Cherry Cheesecake</p> <p>烤波特菇 + 蕃茄湯 + 車厘子芝士蛋糕</p>
3/8	<p>Vegetarian Breakfast</p> <p>Scrambled Tofu and Asparagus + Fresh Fruit</p> <p>炒豆腐及露筍+ 新鮮生果</p>	<p>Vegetarian Lunch</p> <p>Mediterranean Vegetable Stew + Fresh Fruit</p> <p>地中海燴蔬菜 + 新鮮生果</p>	<p>Vegetarian Dinner</p> <p>Grilled Vegetable with Asparagus + Pumpkin Soup+ Apple Butter Cake</p> <p>烤時蔬配露筍 + 南瓜湯 + 蘋果牛油蛋糕</p>
4/8	<p>Vegetarian Breakfast</p> <p>Cheese and Tomato Omelette with Asparagus + Fresh Fruit</p> <p>芝士蕃茄奄列配露筍 + 新鮮生果</p>	<p>Vegetarian Lunch</p> <p>Indian Paneer Makani with Salad + Fresh Fruit</p> <p>印度芝士配沙律 + 新鮮生果</p>	<p>Vegetarian Dinner</p> <p>Creamed Savoy Cabbage + Pea Soup + Triple Chocolate Cake</p> <p>忌廉煮野甘藍 + 青豆湯 + 三重朱古力蛋糕</p>
5/8	<p>Vegetarian Breakfast</p> <p>Scrambled Eggs and Spinach + Fresh Fruit</p> <p>炒素蛋及菠菜 + 新鮮生果</p>	<p>Vegetarian Lunch</p> <p>Braised Mushroom and Carrot with Mashed Potato + Fresh Fruit</p> <p>燴雜菌、甘筍配薯蓉 + 新鮮生果</p>	<p>Vegetarian Dinner</p> <p>Pumpkin Risotto + Cauliflower Soup + Banana Cinnamon Cake</p> <p>南瓜意大利燴飯 + 椰菜花湯 + 香蕉玉桂蛋糕</p>
6/8	<p>Vegetarian Breakfast</p> <p>Vegetable Omelette with Cheese + Fresh Fruit</p> <p>素芝士蔬菜奄列 + 新鮮生果</p>	<p>Vegetarian Lunch</p> <p>Teriyaki Beancurd with Salad + Fresh Fruit</p> <p>日式照燒豆腐配沙律 + 新鮮生果</p>	<p>Vegetarian Dinner</p> <p>Baked Stuffed Zucchini in Tomato Sauce + Potato and Onion Soup + Chocolate Brownie</p> <p>焗釀蕃茄汁意大利青瓜 + 薯仔洋葱湯 + 朱古力布朗尼蛋糕</p>
7/8	<p>Vegetarian Breakfast</p> <p>Scrambled Eggs and Avocado + Fresh Fruit</p> <p>炒素蛋及牛油果 + 新鮮生果</p>	<p>Vegetarian Lunch</p> <p>Gnocchi in Tomato Sauce with Salad + Fresh Fruit</p> <p>茄汁薯糰配沙律 + 新鮮生果</p>	<p>Vegetarian Dinner</p> <p>Provençal Style Ratatouille + Sweetcorn Soup + Raspberry Chocolate Cake</p> <p>普羅旺斯燴蔬菜 + 粟米湯+ 紅桑子蛋糕</p>
8/8	<p>Vegetarian Breakfast</p> <p>Scrambled Eggs and Spinach + Fresh Fruit</p> <p>炒蛋及菠菜 + 新鮮生果</p>	<p>Vegetarian Lunch</p> <p>Vegetable Lasagna with Salad + Fresh Fruit</p> <p>蔬菜千層麵配沙律+ 新鮮生果</p>	<p>Vegetarian Dinner</p> <p>Halloumi in Arrabbiata Sauce + Mushroom Soup + Tiramisu</p> <p>扒哈羅米芝士配香辣茄汁 + 磨菇湯 + 意大利芝士蛋糕</p>

Vegetarian Menu
素食之選

	BREAKFAST 早餐	LUNCH 午餐	DINNER 晚餐
9/8	<p>Vegetarian Breakfast</p> <p>Spinach Frittata with Tomato and Avocado + Fresh Fruit</p> <p>菠菜蛋批配蕃茄及牛油果 + 新鮮生果</p>	<p>Vegetarian Lunch</p> <p>Thai Green Curry Vegetable with Salad + Fresh Fruit</p> <p>泰式青咖喱蔬菜配沙律 + 新鮮生果</p>	<p>Vegetarian Dinner</p> <p>Roasted Portobello Mushroom + Tomato Soup + Cherry Cheesecake</p> <p>烤波特菇 + 蕃茄湯 + 車厘子芝士蛋糕</p>
10/8	<p>Vegetarian Breakfast</p> <p>Scrambled Tofu and Asparagus + Fresh Fruit</p> <p>炒豆腐及露筍+ 新鮮生果</p>	<p>Vegetarian Lunch</p> <p>Mediterranean Vegetable Stew + Fresh Fruit</p> <p>地中海燴蔬菜 + 新鮮生果</p>	<p>Vegetarian Dinner</p> <p>Grilled Vegetable with Asparagus + Pumpkin Soup+ Apple Butter Cake</p> <p>烤時蔬配露筍 + 南瓜湯 + 蘋果牛油蛋糕</p>
11/8	<p>Vegetarian Breakfast</p> <p>Cheese and Tomato Omelette with Asparagus + Fresh Fruit</p> <p>芝士蕃茄奄列配露筍 + 新鮮生果</p>	<p>Vegetarian Lunch</p> <p>Indian Paneer Makani with Salad + Fresh Fruit</p> <p>印度芝士配沙律 + 新鮮生果</p>	<p>Vegetarian Dinner</p> <p>Creamed Savoy Cabbage + Pea Soup + Triple Chocolate Cake</p> <p>忌廉煮野甘藍 + 青豆湯 + 三重朱古力蛋糕</p>
12/8	<p>Vegetarian Breakfast</p> <p>Scrambled Eggs and Spinach + Fresh Fruit</p> <p>炒素蛋及菠菜 + 新鮮生果</p>	<p>Vegetarian Lunch</p> <p>Braised Mushroom and Carrot with Mashed Potato + Fresh Fruit</p> <p>燴雜菌、甘筍配薯蓉 + 新鮮生果</p>	<p>Vegetarian Dinner</p> <p>Pumpkin Risotto + Cauliflower Soup + Banana Cinnamon Cake</p> <p>南瓜意大利燴飯 + 椰菜花湯 + 香蕉玉桂蛋糕</p>
13/8	<p>Vegetarian Breakfast</p> <p>Vegetable Omelette with Cheese + Fresh Fruit</p> <p>素芝士蔬菜奄列 + 新鮮生果</p>	<p>Vegetarian Lunch</p> <p>Teriyaki Beancurd with Salad + Fresh Fruit</p> <p>日式照燒豆腐配沙律 + 新鮮生果</p>	<p>Vegetarian Dinner</p> <p>Baked Stuffed Zucchini in Tomato Sauce + Potato and Onion Soup + Chocolate Brownie</p> <p>焗釀蕃茄汁意大利青瓜 + 薯仔洋葱湯 + 朱古力布朗尼蛋糕</p>
14/8	<p>Vegetarian Breakfast</p> <p>Scrambled Eggs and Avocado + Fresh Fruit</p> <p>炒素蛋及牛油果 + 新鮮生果</p>	<p>Vegetarian Lunch</p> <p>Gnocchi in Tomato Sauce with Salad + Fresh Fruit</p> <p>茄汁薯糰配沙律 + 新鮮生果</p>	<p>Vegetarian Dinner</p> <p>Provençal Style Ratatouille + Sweetcorn Soup + Raspberry Chocolate Cake</p> <p>普羅旺斯燴蔬菜 + 粟米湯+ 紅桑子蛋糕</p>
15/8	<p>Vegetarian Breakfast</p> <p>Scrambled Eggs and Spinach + Fresh Fruit</p> <p>炒蛋及菠菜 + 新鮮生果</p>	<p>Vegetarian Lunch</p> <p>Vegetable Lasagna with Salad + Fresh Fruit</p> <p>蔬菜千層麵配沙律+ 新鮮生果</p>	<p>Vegetarian Dinner</p> <p>Halloumi in Arrabbiata Sauce + Mushroom Soup + Tiramisu</p> <p>扒哈羅米芝士配香辣茄汁 + 磨菇湯 + 意大利芝士蛋糕</p>
16/8	<p>Vegetarian Breakfast</p> <p>Spinach Frittata with Tomato and Avocado + Fresh Fruit</p> <p>菠菜蛋批配蕃茄及牛油果 + 新鮮生果</p>	<p>Vegetarian Lunch</p> <p>Thai Green Curry Vegetable with Salad + Fresh Fruit</p> <p>泰式青咖喱蔬菜配沙律 + 新鮮生果</p>	<p>Vegetarian Dinner</p> <p>Roasted Portobello Mushroom + Tomato Soup + Cherry Cheesecake</p> <p>烤波特菇 + 蕃茄湯 + 車厘子芝士蛋糕</p>

Vegetarian Menu
素食之選

	BREAKFAST 早餐	LUNCH 午餐	DINNER 晚餐
17/8	<p>Vegetarian Breakfast</p> <p>Scrambled Tofu and Asparagus + Fresh Fruit</p> <p>炒豆腐及露筍+ 新鮮生果</p>	<p>Vegetarian Lunch</p> <p>Mediterranean Vegetable Stew + Fresh Fruit</p> <p>地中海燴蔬菜 + 新鮮生果</p>	<p>Vegetarian Dinner</p> <p>Grilled Vegetable with Asparagus + Pumpkin Soup+ Apple Butter Cake</p> <p>烤時蔬配露筍 + 南瓜湯 + 蘋果牛油蛋糕</p>
18/8	<p>Vegetarian Breakfast</p> <p>Cheese and Tomato Omelette with Asparagus + Fresh Fruit</p> <p>芝士蕃茄奄列配露筍 + 新鮮生果</p>	<p>Vegetarian Lunch</p> <p>Indian Paneer Makani with Salad + Fresh Fruit</p> <p>印度芝士配沙律 + 新鮮生果</p>	<p>Vegetarian Dinner</p> <p>Creamed Savoy Cabbage + Pea Soup + Triple Chocolate Cake</p> <p>忌廉煮野甘藍 + 青豆湯 + 三重朱古力蛋糕</p>
19/8	<p>Vegetarian Breakfast</p> <p>Scrambled Eggs and Spinach + Fresh Fruit</p> <p>炒素蛋及菠菜 + 新鮮生果</p>	<p>Vegetarian Lunch</p> <p>Braised Mushroom and Carrot with Mashed Potato + Fresh Fruit</p> <p>燴雜菌、甘筍配薯蓉 + 新鮮生果</p>	<p>Vegetarian Dinner</p> <p>Pumpkin Risotto + Cauliflower Soup + Banana Cinnamon Cake</p> <p>南瓜意大利燴飯 + 椰菜花湯 + 香蕉玉桂蛋糕</p>
20/8	<p>Vegetarian Breakfast</p> <p>Vegetable Omelette with Cheese + Fresh Fruit</p> <p>素芝士蔬菜奄列 + 新鮮生果</p>	<p>Vegetarian Lunch</p> <p>Teriyaki Beancurd with Salad + Fresh Fruit</p> <p>日式照燒豆腐配沙律 + 新鮮生果</p>	<p>Vegetarian Dinner</p> <p>Baked Stuffed Zucchini in Tomato Sauce + Potato and Onion Soup + Chocolate Brownie</p> <p>焗釀蕃茄汁意大利青瓜 + 薯仔洋葱湯 + 朱古力布朗尼蛋糕</p>
21/8	<p>Vegetarian Breakfast</p> <p>Scrambled Eggs and Avocado + Fresh Fruit</p> <p>炒素蛋及牛油果 + 新鮮生果</p>	<p>Vegetarian Lunch</p> <p>Gnocchi in Tomato Sauce with Salad + Fresh Fruit</p> <p>茄汁薯糰配沙律 + 新鮮生果</p>	<p>Vegetarian Dinner</p> <p>Provençal Style Ratatouille + Sweetcorn Soup + Raspberry Chocolate Cake</p> <p>普羅旺斯燴蔬菜 + 粟米湯+ 紅桑子蛋糕</p>
22/8	<p>Vegetarian Breakfast</p> <p>Scrambled Eggs and Spinach + Fresh Fruit</p> <p>炒蛋及菠菜 + 新鮮生果</p>	<p>Vegetarian Lunch</p> <p>Vegetable Lasagna with Salad + Fresh Fruit</p> <p>蔬菜千層麵配沙律+ 新鮮生果</p>	<p>Vegetarian Dinner</p> <p>Halloumi in Arrabbiata Sauce + Mushroom Soup + Tiramisu</p> <p>扒哈羅米芝士配香辣茄汁 + 磨菇湯 + 意大利芝士蛋糕</p>
23/8	<p>Vegetarian Breakfast</p> <p>Spinach Frittata with Tomato and Avocado + Fresh Fruit</p> <p>菠菜蛋批配蕃茄及牛油果 + 新鮮生果</p>	<p>Vegetarian Lunch</p> <p>Thai Green Curry Vegetable with Salad + Fresh Fruit</p> <p>泰式青咖喱蔬菜配沙律 + 新鮮生果</p>	<p>Vegetarian Dinner</p> <p>Roasted Portobello Mushroom + Tomato Soup + Cherry Cheesecake</p> <p>烤波特菇 + 蕃茄湯 + 車厘子芝士蛋糕</p>
24/8	<p>Vegetarian Breakfast</p> <p>Scrambled Tofu and Asparagus + Fresh Fruit</p> <p>炒豆腐及露筍+ 新鮮生果</p>	<p>Vegetarian Lunch</p> <p>Mediterranean Vegetable Stew + Fresh Fruit</p> <p>地中海燴蔬菜 + 新鮮生果</p>	<p>Vegetarian Dinner</p> <p>Grilled Vegetable with Asparagus + Pumpkin Soup+ Apple Butter Cake</p> <p>烤時蔬配露筍 + 南瓜湯 + 蘋果牛油蛋糕</p>

Vegetarian Menu
素食之選

	BREAKFAST 早餐	LUNCH 午餐	DINNER 晚餐
25/8	<p>Vegetarian Breakfast</p> <p>Cheese and Tomato Omelette with Asparagus + Fresh Fruit</p> <p>芝士蕃茄奄列配露筍 + 新鮮生果</p>	<p>Vegetarian Lunch</p> <p>Indian Paneer Makani with Salad + Fresh Fruit</p> <p>印度芝士配沙律 + 新鮮生果</p>	<p>Vegetarian Dinner</p> <p>Creamed Savoy Cabbage + Pea Soup + Triple Chocolate Cake</p> <p>忌廉煮野甘藍 + 青豆湯 + 三重朱古力蛋糕</p>
26/8	<p>Vegetarian Breakfast</p> <p>Scrambled Eggs and Spinach + Fresh Fruit</p> <p>炒素蛋及菠菜 + 新鮮生果</p>	<p>Vegetarian Lunch</p> <p>Braised Mushroom and Carrot with Mashed Potato + Fresh Fruit</p> <p>燴雜菌、甘筍配薯蓉 + 新鮮生果</p>	<p>Vegetarian Dinner</p> <p>Pumpkin Risotto + Cauliflower Soup + Banana Cinnamon Cake</p> <p>南瓜意大利燴飯 + 椰菜花湯 + 香蕉玉桂蛋糕</p>
27/8	<p>Vegetarian Breakfast</p> <p>Vegetable Omelette with Cheese + Fresh Fruit</p> <p>素芝士蔬菜奄列 + 新鮮生果</p>	<p>Vegetarian Lunch</p> <p>Teriyaki Beancurd with Salad + Fresh Fruit</p> <p>日式照燒豆腐配沙律 + 新鮮生果</p>	<p>Vegetarian Dinner</p> <p>Baked Stuffed Zucchini in Tomato Sauce + Potato and Onion Soup + Chocolate Brownie</p> <p>焗釀蕃茄汁意大利青瓜 + 薯仔洋葱湯 + 朱古力布朗尼蛋糕</p>
28/8	<p>Vegetarian Breakfast</p> <p>Scrambled Eggs and Avocado + Fresh Fruit</p> <p>炒素蛋及牛油果 + 新鮮生果</p>	<p>Vegetarian Lunch</p> <p>Gnocchi in Tomato Sauce with Salad + Fresh Fruit</p> <p>茄汁薯糰配沙律 + 新鮮生果</p>	<p>Vegetarian Dinner</p> <p>Provencal Style Ratatouille + Sweetcorn Soup + Raspberry Chocolate Cake</p> <p>普羅旺斯燴蔬菜 + 粟米湯 + 紅桑子蛋糕</p>
29/8	<p>Vegetarian Breakfast</p> <p>Scrambled Eggs and Spinach + Fresh Fruit</p> <p>炒蛋及菠菜 + 新鮮生果</p>	<p>Vegetarian Lunch</p> <p>Vegetable Lasagna with Salad + Fresh Fruit</p> <p>蔬菜千層麵配沙律 + 新鮮生果</p>	<p>Vegetarian Dinner</p> <p>Halloumi in Arrabbiata Sauce + Mushroom Soup + Tiramisu</p> <p>扒哈羅米芝士配香辣茄汁 + 磨菇湯 + 意大利芝士蛋糕</p>
30/8	<p>Vegetarian Breakfast</p> <p>Spinach Frittata with Tomato and Avocado + Fresh Fruit</p> <p>菠菜蛋批配蕃茄及牛油果 + 新鮮生果</p>	<p>Vegetarian Lunch</p> <p>Thai Green Curry Vegetable with Salad + Fresh Fruit</p> <p>泰式青咖喱蔬菜配沙律 + 新鮮生果</p>	<p>Vegetarian Dinner</p> <p>Roasted Portobello Mushroom + Tomato Soup + Cherry Cheesecake</p> <p>烤波特菇 + 蕃茄湯 + 車厘子芝士蛋糕</p>
31/8	<p>Vegetarian Breakfast</p> <p>Scrambled Tofu and Asparagus + Fresh Fruit</p> <p>炒豆腐及露筍 + 新鮮生果</p>	<p>Vegetarian Lunch</p> <p>Mediterranean Vegetable Stew + Fresh Fruit</p> <p>地中海燴蔬菜 + 新鮮生果</p>	<p>Vegetarian Dinner</p> <p>Grilled Vegetable with Asparagus + Pumpkin Soup + Apple Butter Cake</p> <p>烤時蔬配露筍 + 南瓜湯 + 蘋果牛油蛋糕</p>

Vegan & Gluten-free Menu
純素及無麩質之選

	BREAKFAST 早餐	LUNCH 午餐	DINNER 晚餐
1/8	<p>Vegan & Gluten-free Breakfast</p> <p>Scrambled Tofu and Spinach + Fresh Fruit</p> <p>炒豆腐及菠菜 + 新鮮生果</p>	<p>Vegan & Gluten-free Lunch</p> <p>Vegetable Tian with Salad + Fresh Fruit</p> <p>蔬菜批配沙律 + 新鮮生果</p>	<p>Vegan & Gluten-free Dinner</p> <p>Grilled Tofu in Arrabbiata Sauce + Mushroom Soup+ Tropical Fruits</p> <p>烤豆腐配香辣茄汁 + 磨菇湯 + 意大利芝士蛋糕</p>
2/8	<p>Vegan & Gluten-free Breakfast</p> <p>Scrambled Tofu with Tomato and Spinach + Fresh Fruit</p> <p>炒豆腐配蕃茄及菠菜 + 新鮮生果</p>	<p>Vegan & Gluten-free Lunch</p> <p>Thai Green Curry Vegetable with Salad + Fresh Fruit</p> <p>泰式青咖喱蔬菜配沙律 + 新鮮生果</p>	<p>Vegan & Gluten-free Dinner</p> <p>Roasted Portobello Mushroom + Tomato Soup+ Vegan Cheesecake</p> <p>烤波特菇 + 蕃茄湯+ 全素芝士蛋糕</p>
3/8	<p>Vegan & Gluten-free Breakfast</p> <p>Scrambled Tofu and Asparagus + Fresh Fruit</p> <p>炒豆腐及露筍 + 新鮮生果</p>	<p>Vegan & Gluten-free Lunch</p> <p>Mediterranean Vegetable Stew + Fresh Fruit</p> <p>地中海燴蔬菜 + 新鮮生果</p>	<p>Vegan & Gluten-free Dinner</p> <p>Grilled Vegetable with Asparagus + Pumpkin Soup + Tropical Fruit</p> <p>烤時蔬配露筍 + 南瓜湯+ 熱帶水果</p>
4/8	<p>Vegan & Gluten-free Breakfast</p> <p>Pan-fried Tofu with Mushroom and Vegan Cheese + Fresh Fruit</p> <p>煎豆腐配磨菇及素芝士 + 新鮮生果</p>	<p>Vegan & Gluten-free Lunch</p> <p>Indian Chickpea Curry with Salad + Fresh Fruit</p> <p>印度咖喱雞心豆配沙律 + 新鮮生果</p>	<p>Vegan & Gluten-free Dinner</p> <p>Braised Savoy Cabbage with Carrot + Pea Soup+ Sago Pudding</p> <p>燴野甘藍配甘筍 + 青豆湯+ 西米布丁</p>
5/8	<p>Vegan & Gluten-free Breakfast</p> <p>Vegetable and Vegan Cheese Bake + Fresh Fruit</p> <p>素芝士焗蔬菜 + 新鮮生果</p>	<p>Vegan & Gluten-free Lunch</p> <p>Braised Mushroom and Carrot with Mashed Potato + Fresh Fruit</p> <p>燴雜菌、甘筍配薯蓉 + 新鮮生果</p>	<p>Vegan & Gluten-free Dinner</p> <p>Pumpkin and Herb Rice + Cauliflower Soup+ Tropical Fruit</p> <p>南瓜香草飯 + 椰菜花湯+ 熱帶水果</p>
6/8	<p>Vegan & Gluten-free Breakfast</p> <p>Scrambled Tofu with Vegan Cheese and Tomato + Fresh Fruit</p> <p>素芝士蕃茄炒豆腐 + 新鮮生果</p>	<p>Vegan & Gluten-free Lunch</p> <p>Teriyaki Beancurd with Salad + Fresh Fruit</p> <p>日式照燒豆腐配沙律 + 新鮮生果</p>	<p>Vegan & Gluten-free Dinner</p> <p>Baked Stuffed Zucchini in Tomato Sauce + Potato and Onion Soup + Key Lime Cheesecake</p> <p>焗釀蕃茄汁意大利青瓜 + 薯仔洋葱湯+ 全素青檸芝士蛋糕</p>
7/8	<p>Vegan & Gluten-free Breakfast</p> <p>Scrambled Tofu and Avocado + Fresh Fruit</p> <p>炒豆腐及牛油果 + 新鮮生果</p>	<p>Vegan & Gluten-free Lunch</p> <p>Gnocchi in Tomato Sauce with Salad + Fresh Fruit</p> <p>茄汁薯糰配沙律 + 新鮮生果</p>	<p>Vegan & Gluten-free Dinner</p> <p>Provençal Style Ratatouille + Sweetcorn Soup + Tropical Fruit</p> <p>普羅旺斯燴蔬菜 + 粟米湯 + 熱帶水果</p>
8/8	<p>Vegan & Gluten-free Breakfast</p> <p>Scrambled Tofu and Spinach + Fresh Fruit</p> <p>炒豆腐及菠菜 + 新鮮生果</p>	<p>Vegan & Gluten-free Lunch</p> <p>Vegetable Tian with Salad + Fresh Fruit</p> <p>蔬菜批配沙律 + 新鮮生果</p>	<p>Vegan & Gluten-free Dinner</p> <p>Grilled Tofu in Arrabbiata Sauce + Mushroom Soup+ Tropical Fruits</p> <p>烤豆腐配香辣茄汁 + 磨菇湯 + 意大利芝士蛋糕</p>

Vegan & Gluten-free Menu

純素及無麩質之選

	BREAKFAST 早餐	LUNCH 午餐	DINNER 晚餐
9/8	<p>Vegan & Gluten-free Breakfast</p> <p>Scrambled Tofu with Tomato and Spinach + Fresh Fruit</p> <p>炒豆腐配蕃茄及菠菜 + 新鮮生果</p>	<p>Vegan & Gluten-free Lunch</p> <p>Thai Green Curry Vegetable with Salad + Fresh Fruit</p> <p>泰式青咖喱蔬菜配沙律 + 新鮮生果</p>	<p>Vegan & Gluten-free Dinner</p> <p>Roasted Portobello Mushroom + Tomato Soup+ Vegan Cheesecake</p> <p>烤波特菇 + 蕃茄湯+ 全素芝士蛋糕</p>
10/8	<p>Vegan & Gluten-free Breakfast</p> <p>Scrambled Tofu and Asparagus + Fresh Fruit</p> <p>炒豆腐及露筍 + 新鮮生果</p>	<p>Vegan & Gluten-free Lunch</p> <p>Mediterranean Vegetable Stew + Fresh Fruit</p> <p>地中海燴蔬菜 + 新鮮生果</p>	<p>Vegan & Gluten-free Dinner</p> <p>Grilled Vegetable with Asparagus + Pumpkin Soup + Tropical Fruit</p> <p>烤時蔬配露筍 + 南瓜湯+ 熱帶水果</p>
11/8	<p>Vegan & Gluten-free Breakfast</p> <p>Pan-fried Tofu with Mushroom and Vegan Cheese + Fresh Fruit</p> <p>煎豆腐配磨菇及素芝士 + 新鮮生果</p>	<p>Vegan & Gluten-free Lunch</p> <p>Indian Chickpea Curry with Salad + Fresh Fruit</p> <p>印度咖喱雞心豆配沙律 + 新鮮生果</p>	<p>Vegan & Gluten-free Dinner</p> <p>Braised Savoy Cabbage with Carrot + Pea Soup+ Sago Pudding</p> <p>燴野甘藍配甘筍 + 青豆湯+ 西米布丁</p>
12/8	<p>Vegan & Gluten-free Breakfast</p> <p>Vegetable and Vegan Cheese Bake + Fresh Fruit</p> <p>素芝士焗蔬菜 + 新鮮生果</p>	<p>Vegan & Gluten-free Lunch</p> <p>Braised Mushroom and Carrot with Mashed Potato + Fresh Fruit</p> <p>燴雜菌、甘筍配薯蓉 + 新鮮生果</p>	<p>Vegan & Gluten-free Dinner</p> <p>Pumpkin and Herb Rice + Cauliflower Soup+ Tropical Fruit</p> <p>南瓜香草飯 + 椰菜花湯+ 熱帶水果</p>
13/8	<p>Vegan & Gluten-free Breakfast</p> <p>Scrambled Tofu with Vegan Cheese and Tomato + Fresh Fruit</p> <p>素芝士蕃茄炒豆腐 + 新鮮生果</p>	<p>Vegan & Gluten-free Lunch</p> <p>Teriyaki Beancurd with Salad + Fresh Fruit</p> <p>日式照燒豆腐配沙律 + 新鮮生果</p>	<p>Vegan & Gluten-free Dinner</p> <p>Baked Stuffed Zucchini in Tomato Sauce + Potato and Onion Soup + Key Lime Cheesecake</p> <p>焗釀蕃茄汁意大利青瓜 + 薯仔洋葱湯+ 全素青檸芝士蛋糕</p>
14/8	<p>Vegan & Gluten-free Breakfast</p> <p>Scrambled Tofu and Avocado + Fresh Fruit</p> <p>炒豆腐及牛油果 + 新鮮生果</p>	<p>Vegan & Gluten-free Lunch</p> <p>Gnocchi in Tomato Sauce with Salad + Fresh Fruit</p> <p>茄汁薯糰配沙律 + 新鮮生果</p>	<p>Vegan & Gluten-free Dinner</p> <p>Provençal Style Ratatouille + Sweetcorn Soup + Tropical Fruit</p> <p>普羅旺斯燴蔬菜 + 粟米湯 + 熱帶水果</p>
15/8	<p>Vegan & Gluten-free Breakfast</p> <p>Scrambled Tofu and Spinach + Fresh Fruit</p> <p>炒豆腐及菠菜 + 新鮮生果</p>	<p>Vegan & Gluten-free Lunch</p> <p>Vegetable Tian with Salad + Fresh Fruit</p> <p>蔬菜批配沙律 + 新鮮生果</p>	<p>Vegan & Gluten-free Dinner</p> <p>Grilled Tofu in Arrabbiata Sauce + Mushroom Soup+ Tropical Fruits</p> <p>烤豆腐配香辣茄汁 + 磨菇湯 + 意大利芝士蛋糕</p>
16/8	<p>Vegan & Gluten-free Breakfast</p> <p>Scrambled Tofu with Tomato and Spinach + Fresh Fruit</p> <p>炒豆腐配蕃茄及菠菜 + 新鮮生果</p>	<p>Vegan & Gluten-free Lunch</p> <p>Thai Green Curry Vegetable with Salad + Fresh Fruit</p> <p>泰式青咖喱蔬菜配沙律 + 新鮮生果</p>	<p>Vegan & Gluten-free Dinner</p> <p>Roasted Portobello Mushroom + Tomato Soup+ Vegan Cheesecake</p> <p>烤波特菇 + 蕃茄湯+ 全素芝士蛋糕</p>

Vegan & Gluten-free Menu
純素及無麩質之選

	BREAKFAST 早餐	LUNCH 午餐	DINNER 晚餐
17/8	<p>Vegan & Gluten-free Breakfast</p> <p>Scrambled Tofu and Asparagus + Fresh Fruit</p> <p>炒豆腐及露筍 + 新鮮生果</p>	<p>Vegan & Gluten-free Lunch</p> <p>Mediterranean Vegetable Stew + Fresh Fruit</p> <p>地中海燴蔬菜 + 新鮮生果</p>	<p>Vegan & Gluten-free Dinner</p> <p>Grilled Vegetable with Asparagus + Pumpkin Soup + Tropical Fruit</p> <p>烤時蔬配露筍 + 南瓜湯+ 熱帶水果</p>
18/8	<p>Vegan & Gluten-free Breakfast</p> <p>Pan-fried Tofu with Mushroom and Vegan Cheese + Fresh Fruit</p> <p>煎豆腐配磨菇及素芝士 + 新鮮生果</p>	<p>Vegan & Gluten-free Lunch</p> <p>Indian Chickpea Curry with Salad + Fresh Fruit</p> <p>印度咖哩雞心豆配沙律 + 新鮮生果</p>	<p>Vegan & Gluten-free Dinner</p> <p>Braised Savoy Cabbage with Carrot + Pea Soup+ Sago Pudding</p> <p>燴野甘藍配甘筍 + 青豆湯+ 西米布丁</p>
19/8	<p>Vegan & Gluten-free Breakfast</p> <p>Vegetable and Vegan Cheese Bake + Fresh Fruit</p> <p>素芝士焗蔬菜 + 新鮮生果</p>	<p>Vegan & Gluten-free Lunch</p> <p>Braised Mushroom and Carrot with Mashed Potato + Fresh Fruit</p> <p>燴雜菌、甘筍配薯蓉 + 新鮮生果</p>	<p>Vegan & Gluten-free Dinner</p> <p>Pumpkin and Herb Rice + Cauliflower Soup+ Tropical Fruit</p> <p>南瓜香草飯 + 椰菜花湯+ 熱帶水果</p>
20/8	<p>Vegan & Gluten-free Breakfast</p> <p>Scrambled Tofu with Vegan Cheese and Tomato + Fresh Fruit</p> <p>素芝士蕃茄炒豆腐 + 新鮮生果</p>	<p>Vegan & Gluten-free Lunch</p> <p>Teriyaki Beancurd with Salad + Fresh Fruit</p> <p>日式照燒豆腐配沙律 + 新鮮生果</p>	<p>Vegan & Gluten-free Dinner</p> <p>Baked Stuffed Zucchini in Tomato Sauce + Potato and Onion Soup + Key Lime Cheesecake</p> <p>焗釀蕃茄汁意大利青瓜 + 薯仔洋葱湯+ 全素青檸芝士蛋糕</p>
21/8	<p>Vegan & Gluten-free Breakfast</p> <p>Scrambled Tofu and Avocado + Fresh Fruit</p> <p>炒豆腐及牛油果 + 新鮮生果</p>	<p>Vegan & Gluten-free Lunch</p> <p>Gnocchi in Tomato Sauce with Salad + Fresh Fruit</p> <p>茄汁薯糰配沙律 + 新鮮生果</p>	<p>Vegan & Gluten-free Dinner</p> <p>Provencal Style Ratatouille + Sweetcorn Soup + Tropical Fruit</p> <p>普羅旺斯燴蔬菜 + 粟米湯 + 熱帶水果</p>
22/8	<p>Vegan & Gluten-free Breakfast</p> <p>Scrambled Tofu and Spinach + Fresh Fruit</p> <p>炒豆腐及菠菜 + 新鮮生果</p>	<p>Vegan & Gluten-free Lunch</p> <p>Vegetable Tian with Salad + Fresh Fruit</p> <p>蔬菜批配沙律 + 新鮮生果</p>	<p>Vegan & Gluten-free Dinner</p> <p>Grilled Tofu in Arrabbiata Sauce + Mushroom Soup+ Tropical Fruits</p> <p>烤豆腐配香辣茄汁 + 磨菇湯 + 意大利芝士蛋糕</p>
23/8	<p>Vegan & Gluten-free Breakfast</p> <p>Scrambled Tofu with Tomato and Spinach + Fresh Fruit</p> <p>炒豆腐配蕃茄及菠菜 + 新鮮生果</p>	<p>Vegan & Gluten-free Lunch</p> <p>Thai Green Curry Vegetable with Salad + Fresh Fruit</p> <p>泰式青咖哩蔬菜配沙律 + 新鮮生果</p>	<p>Vegan & Gluten-free Dinner</p> <p>Roasted Portobello Mushroom + Tomato Soup+ Vegan Cheesecake</p> <p>烤波特菇 + 蕃茄湯+ 全素芝士蛋糕</p>
24/8	<p>Vegan & Gluten-free Breakfast</p> <p>Scrambled Tofu and Asparagus + Fresh Fruit</p> <p>炒豆腐及露筍 + 新鮮生果</p>	<p>Vegan & Gluten-free Lunch</p> <p>Mediterranean Vegetable Stew + Fresh Fruit</p> <p>地中海燴蔬菜 + 新鮮生果</p>	<p>Vegan & Gluten-free Dinner</p> <p>Grilled Vegetable with Asparagus + Pumpkin Soup + Tropical Fruit</p> <p>烤時蔬配露筍 + 南瓜湯+ 熱帶水果</p>

Vegan & Gluten-free Menu
純素及無麩質之選

	BREAKFAST 早餐	LUNCH 午餐	DINNER 晚餐
25/8	<p>Vegan & Gluten-free Breakfast</p> <p>Pan-fried Tofu with Mushroom and Vegan Cheese + Fresh Fruit</p> <p>煎豆腐配磨菇及素芝士 + 新鮮生果</p>	<p>Vegan & Gluten-free Lunch</p> <p>Indian Chickpea Curry with Salad + Fresh Fruit</p> <p>印度咖哩雞心豆配沙律 + 新鮮生果</p>	<p>Vegan & Gluten-free Dinner</p> <p>Braised Savoy Cabbage with Carrot + Pea Soup+ Sago Pudding</p> <p>燴野甘藍配甘筍 + 青豆湯+ 西米布丁</p>
26/8	<p>Vegan & Gluten-free Breakfast</p> <p>Vegetable and Vegan Cheese Bake + Fresh Fruit</p> <p>素芝士焗蔬菜 + 新鮮生果</p>	<p>Vegan & Gluten-free Lunch</p> <p>Braised Mushroom and Carrot with Mashed Potato + Fresh Fruit</p> <p>燴雜菌、甘筍配薯蓉 + 新鮮生果</p>	<p>Vegan & Gluten-free Dinner</p> <p>Pumpkin and Herb Rice + Cauliflower Soup+ Tropical Fruit</p> <p>南瓜香草飯 + 椰菜花湯+ 熱帶水果</p>
27/8	<p>Vegan & Gluten-free Breakfast</p> <p>Scrambled Tofu with Vegan Cheese and Tomato + Fresh Fruit</p> <p>素芝士蕃茄炒豆腐 + 新鮮生果</p>	<p>Vegan & Gluten-free Lunch</p> <p>Teriyaki Beancurd with Salad + Fresh Fruit</p> <p>日式照燒豆腐配沙律 + 新鮮生果</p>	<p>Vegan & Gluten-free Dinner</p> <p>Baked Stuffed Zucchini in Tomato Sauce + Potato and Onion Soup + Key Lime Cheesecake</p> <p>焗釀蕃茄汁意大利青瓜 + 薯仔洋葱湯+ 全素青檸芝士蛋糕</p>
28/8	<p>Vegan & Gluten-free Breakfast</p> <p>Scrambled Tofu and Avocado + Fresh Fruit</p> <p>炒豆腐及牛油果 + 新鮮生果</p>	<p>Vegan & Gluten-free Lunch</p> <p>Gnocchi in Tomato Sauce with Salad + Fresh Fruit</p> <p>茄汁薯糰配沙律 + 新鮮生果</p>	<p>Vegan & Gluten-free Dinner</p> <p>Provençal Style Ratatouille + Sweetcorn Soup + Tropical Fruit</p> <p>普羅旺斯燴蔬菜 + 粟米湯 + 熱帶水果</p>
29/8	<p>Vegan & Gluten-free Breakfast</p> <p>Scrambled Tofu and Spinach + Fresh Fruit</p> <p>炒豆腐及菠菜 + 新鮮生果</p>	<p>Vegan & Gluten-free Lunch</p> <p>Vegetable Tian with Salad + Fresh Fruit</p> <p>蔬菜批配沙律 + 新鮮生果</p>	<p>Vegan & Gluten-free Dinner</p> <p>Grilled Tofu in Arrabbiata Sauce + Mushroom Soup+ Tropical Fruits</p> <p>烤豆腐配香辣茄汁 + 磨菇湯 + 意大利芝士蛋糕</p>
30/8	<p>Vegan & Gluten-free Breakfast</p> <p>Scrambled Tofu with Tomato and Spinach + Fresh Fruit</p> <p>炒豆腐配蕃茄及菠菜 + 新鮮生果</p>	<p>Vegan & Gluten-free Lunch</p> <p>Thai Green Curry Vegetable with Salad + Fresh Fruit</p> <p>泰式青咖哩蔬菜配沙律 + 新鮮生果</p>	<p>Vegan & Gluten-free Dinner</p> <p>Roasted Portobello Mushroom + Tomato Soup+ Vegan Cheesecake</p> <p>烤波特菇 + 蕃茄湯+ 全素芝士蛋糕</p>
31/8	<p>Vegan & Gluten-free Breakfast</p> <p>Scrambled Tofu and Asparagus + Fresh Fruit</p> <p>炒豆腐及露筍 + 新鮮生果</p>	<p>Vegan & Gluten-free Lunch</p> <p>Mediterranean Vegetable Stew + Fresh Fruit</p> <p>地中海燴蔬菜 + 新鮮生果</p>	<p>Vegan & Gluten-free Dinner</p> <p>Grilled Vegetable with Asparagus + Pumpkin Soup + Tropical Fruit</p> <p>烤時蔬配露筍 + 南瓜湯+ 熱帶水果</p>